

### Information Note #3 – Week of 1/19/26

#### Practice Reminder

Practices the week of 1/19/25 are on Monday and **Wednesday**. This is the only Wednesday practice we have during the year due to the number of events CHS wrestling has this week which involves all our coaches and wrestlers who help at practice. We understand wrestlers may have church commitments on Wednesday nights and may not make it to practice.

#### Apparel Orders (Due date: Wednesday, January 21<sup>st</sup>, 2026 at 11:59 p.m.) [Separate email sent last week]

We have finalized our CWO Team apparel store for the 2026 Season. Each wrestler will receive a free short-sleeve t-shirt if they participate on the Columbus Wrestling Organization Wrestling Team. For the parents, wrestlers and other family members, we also have very reasonably priced t-shirts, sweatshirts, ¼ zips, t-shirt hoodies, sweatpants and shorts available for ordering. We also have sack packs, beanies, scarfs and hybrid backpacks available for the kids and adults to purchase. Youth and adult sizes are available for all apparel.

All apparel orders will again be done on-line directly through SpecialTee here in Columbus. Once the orders are done, the store will email out a notice and orders can be picked up directly from the store in downtown Columbus at 2516 13th St. If there are any questions about the orders or ordering process, please contact them at 402-606-4447. Orders should be done by the end of January.

Direct link for ordering: <https://cwo2026.itemorder.com/shop/home>

Deadline for orders: Wednesday, January 21st, 2026 at 11:59 p.m.

Please do not include the free t-shirt in your orders, CWO will order and distribute those shirts separately based on the t-shirt size entered when you completed registration.

#### Free Team T-shirts

All wrestlers who have registered for the CWO Wrestling Team and paid the Full Team Fee will receive a free t-shirt. Those t-shirts will be available for pick up this week starting on Wednesday night (1/21) at practice. If your wrestler cannot make it to practice on Wednesday night, please have a parent stop up any time between 6 p.m. and 7:30 p.m. to pick up their t-shirt if you want it before the weekend. Otherwise, t-shirts will be available at all practices next week. FYI, coaches will not hand out t-shirts after 7:30 p.m as it becomes difficult for them to track who has picked up their t-shirt. Our wrestling moms at the check in table do a MUCH better job of keeping track!

#### Team Singlets

If you have not checked out a CWO Team singlet yet, you can still get one from the check-in table before your scheduled practice times. Reminder: We do require that the CWO Team singlets be worn by our wrestlers at all tournaments which we designate as “Team” tournaments. We also encourage our wrestlers to wear them at the “Extra” tournaments to help any coaches who are at those tournaments to identify the CWO wrestlers who need coaching.

#### Dual Team Singlets – PLEASE RETURN

Those wrestlers who participated in the CWO vs. Norfolk youth wrestling dual will need to return the CWO Dual Team singlet that was assigned to your wrestler. Please return those singlets (washed) as soon as possible at practice this week.

#### USA Wrestling Insurance Cards

Printed copies of each wrestler’s card will be available at the check-in table each night of practice.

#### Team and Individual Pictures

Photos will be scheduled over the next week or two. We have had good success at having picture night on a night different than a normal practice night as it takes too much time away from practice. We will have information sent out asap once confirmed with the photographer.

**Upcoming Team Tournaments/Events:**

NOTE: We have added a new column to all our Tournaments listed on the Team Webpage. The far-right column has a direct link to Trackwrestling registration link for each tournament. If you are using a cell phone, you may need to swipe to the right on the table to see the far-right column.

Sunday, January 25<sup>th</sup>, 2026      *Lakeview Wrestling Club Tournament (Lakeview High School, Columbus, NE)*

We will be going to this tournament as a team. Forms and information are available on the Team website at [www.columbuswrestling.org/tournaments](http://www.columbuswrestling.org/tournaments). **Parents are responsible for sending in form and/or registering on-line on their own including making payment.**

Sunday, February 1<sup>st</sup>, 2026      *Norfolk Champions Trophy Tournament (Norfolk Senior High, Norfolk, NE)*

We will be going to this tournament as a team. Forms and information are available on the Team website at [www.columbuswrestling.org/tournaments](http://www.columbuswrestling.org/tournaments). **Parents are responsible for sending in form and/or registering on-line on their own including making payment.**

**Opportunity Tournaments:**

Saturday, January 24<sup>th</sup>, 2026      *David City Outlaws Tournament (David City High School, David City, NE)*

Information for this tournament is available on the team website at [www.columbuswrestling.org/tournaments](http://www.columbuswrestling.org/tournaments). This is a good local tournament. We cannot guarantee coaches will be at this tournament but it sounds like we may have a few there.

Saturday, January 31<sup>st</sup>, 2026      *Double Dogs Tournament (Shelby High School, Shelby, NE)*

Information for this tournament is available on the team website at [www.columbuswrestling.org/tournaments](http://www.columbuswrestling.org/tournaments). This is a good local tournament. We cannot guarantee coaches will be at this tournament but it sounds like we may have a few there.

**If you have any questions or concerns, please let me know.**

Coach Brian Brownlow, Phone/text: 402-910-8749, Email: [columbuswrestlingorg@gmail.com](mailto:columbuswrestlingorg@gmail.com)