

**Information Note #3 & #4 Combined – Week of 1/15/24 & 1/22/24**

**Season Practice / Tournament Overview Calendar**

Practice for the week of 1/22/24 has been changed to **Monday & Friday** instead of Monday & Thursday. Hopefully this is the last of the changes that have been impacted by the winter storm we had a week ago. Thank you again to all our parents for your patience, understanding and flexibility as changes had to be made.

As always, the CWO Team calendar is updated as soon as changes are made and is currently updated with the most recent changes. Everyone can access the CWO Team calendar from our team website or directly from this link:

<https://www.google.com/calendar/embed?src=columbuswrestlingorg%40gmail.com&ctz=America/Chicago>

**Apparel Orders (Due date: Sunday, January 28<sup>th</sup>, 2024 at 11:59 p.m.)**

We apologize for getting the opportunity to order CWO apparel out later than normal list year. We have made the switch to a local apparel store to speed up processing and delivery times and the transition took longer than anticipated due to getting designs and logos released from the former apparel company. We have been successful in getting what we need and are looking forward to working with a local company.

Each wrestler will receive a free short-sleeve t-shirt if they participate on the Columbus Wrestling Organization Wrestling Team. For the parents and other family members, we have very reasonably priced t-shirts, sweatshirts, ¼ zips, t-shirt hoodies, sweatpants and shorts available for ordering. With the new store, we will also have sack packs, beanies, scarfs and hybrid backpacks available for the kids and adults to purchase. Youth and adult sizes are available for all apparel.

All apparel orders will now be done on-line directly through Specialtee Screenprinting here in Columbus. Once the orders are done, we will send out a notice and orders can be picked up directly from the store in downtown Columbus at 2516 13th St. If there are any questions about the orders or ordering process, please contact them at 402-606-4447.

Direct link for ordering: <https://cwoteamapparel24.itemorder.com/shop/sale>

Deadline for orders: **Sunday, January 28<sup>th</sup>, 2024 at 11:59 p.m.**

*Please do not include the free t-shirt in your orders, CWO will order and distribute those shirts separately based on the t-shirt size entered when you completed registration.*

**Team Singlets**

If you have not checked out a CWO Team singlet yet, you can still get one from the check-in table before your scheduled practice times. Reminder: We do require that the CWO Team singlets be worn by our wrestlers at all tournaments which we designate as “Team” tournaments. We also encourage our wrestlers to wear them at the “Extra” tournaments to help any coaches who are at those tournaments to identify the CWO wrestlers who need coaching.

**USA Wrestling Insurance Cards**

Part of the CWO Team membership fees goes to purchasing each wrestler a USA Wrestling Insurance Card. This is secondary sports accident insurance (coverage is secondary to primary medical insurance) which we are required to carry as a youth sports organization. Many, if not all, of the tournaments we go to require proof of secondary sports insurance. Cards have been purchased for all our Team members. Printed copies will be available at the check-in table starting on Monday, January 22, 2024.

**Team and Individual Pictures**

Photos will be scheduled over the next week or two. We have had good success at having picture night on a night different than a normal practice night as it takes too much time away from practice. We will have information sent out asap once confirmed with the photographer.

**Team Tournament Results:**

Congratulations to all the CWO wrestlers on their individual performance at the Lakeview Youth Wrestling Tournament this past Sunday. The CWO Wrestling Team won the Class A Team Championship !!! Great job to everyone !!!

**Team Tournaments:**

Reminder that we post the complete list of Team tournaments and other tournaments on the CWO Team website under the following link: <http://www.columbuswrestling.org/tournaments>

The tournaments are listed in tabular format by date and name. The far right column of the table contains a link to all the tournament flyers for each date. We upload and link these flyers as soon as we get them from the host of the tournament. If you are using a cell phone to view this list, you may have to slide over the right to get access to the links.

Tournament participation has been great this year as a whole and all the tournaments we are going to are filling up early in the week. Feel free to look ahead each week into the following week's team tournament and get register ahead.

**INFORMATION FOR OUR GIRL WRESTLERS:** When you register for tournaments which advertise that they will have "girls only" brackets, be sure to pick the right division in TrackWrestling from the drop down menu. Some of the tournaments are not designating "Boys" divisions and only add "Girls" to their divisions. TrackWrestling likely puts the drop down list for divisions in numerical order and alphabetical order so the list will likely have PreK-K, 1-2, 3-4, 5-6, 7-8 on top followed by divisions named Girl's PreK-K, Girl's 1-2, Girl's 3-4, Girl's 5-6, Girl's 7-8 toward the bottom. The first ones are for boys by default. If you signed up for that by accident in future tournaments and notice it when weighing in, just request that they move your girl to the Girls division. Unless of course, you have a girl that wants to wrestle in the boys division, that is perfectly okay.

**Upcoming Team Tournament(s):**

Sunday, January 28th, 2024 *Norfolk Champions Trophy Tournament (Norfolk Senior High School, Norfolk, NE)*

We will be going to this tournament as a team. Forms and information is available on the Team website at [www.columbuswrestling.org/tournaments](http://www.columbuswrestling.org/tournaments). **Parents are responsible for sending in form and/or registering on-line on their own including making payment.**

**Opportunity Tournament(s):**

Saturday, January 27th, 2024 *Double Dog Wrestling Tournament (Shelby High School, Shelby, NE)*

Information for this tournament is available on the team website at [www.columbuswrestling.org/tournaments](http://www.columbuswrestling.org/tournaments). This is a very good local tournament for those wrestlers who would like to get some additional matches. We cannot guarantee that coaches will be at this tournament but likely we will have some there.

If you have any questions or concerns, please let me know.

Coach Brian Brownlow  
Phone/text: 402-910-8749  
Email: [columbuswrestlingorg@gmail.com](mailto:columbuswrestlingorg@gmail.com)